

ELLIPTICAL – Pro-Form 650 Elliptical cardio cross trainer, excellent condition. \$89. 716-791-3034.

FIREWOOD

FIREWOOD – Firewood, maple, delivered by truck load bed, around 1 face cord, 4' x 8' x 16". \$100 plus delivery. 716-868-4710.

FIREWOOD - Pine, delivered by truck load bed, around 1 face cord, 4' x 8' x 16". \$100. Includes delivery 716-868-4710.

FURNITURE

TABLE – Folding conference room table, 6' x 3', brown top, sturdy. \$25. 716-930-5521.

CHEST – Storage chest/box, wooden, angled hinged top, 25"L x 12"H. \$10. 716-693-1545.

ROCKER – Rocking chair, adult, large, walnut, good condition. \$60. 716-754-1621.

COFFEE TABLE – Coffee table, mahogany, 47"L x 31"W, center drawer. \$50. 716-949-0331.

LAMP TABLE – Lamp table, round, excellent for corner spot. \$20. 716-949-0331.

TABLES – 3 pc. Matching tables, dark cherry wood finish, sturdy, normal wear, (paid \$450), cash only, pick up. \$60. Text 716-725-1185.

BENCH – Bench, oak, Amish made, cat tapestry design, seat or foot



NIAGARA COUNTY OFFICE FOR THE AGING MENU

July 13 - July 17

Eat Well...Stay Well Dining

MONDAY, July 13 - BBQ Pork Riblet, 3 Bean Salad, Italian Vegetable Blend, Wheat Hoagie Roll, Fresh Cantaloupe

TUESDAY, July 14 - Julienne Salad w/ Ham and Bleu Cheese Crumbles, Two Type Potato Salad, Muffin, Pineapple, PC Dressing

WEDNESDAY, July 15 - Breaded Chicken Drumsticks, Scalloped Potatoes, Broccoli Salad, Wheat Dinner Roll, Fruited Gelatin w/ Whipped Topping

THURSDAY, July 16 - Homemade Salisbury Steak w/ Gravy Mashed Potatoes, Seasoned Green Beans, Wheat Bread, Deluxe Fruit Cup, PC Ketchup

FRIDAY, July 17 - Hot Dog w/ Chili Sauce, Harvard Beets, California Vegetable Blend, Wheat Hot Dog Bun, Fresh Watermelon, PC Ketchup, Mustard



All lunches served with bread, 1% milk, coffee or tea. Suggested contribution for meals is \$3.25. Menu subject to change without notice. Call 716-438-4020 for more information.

rest, beautiful, request photo. \$45. 716-262-4276.

DRY SINK – Dry sink, wood piece of furniture, one drawer, flat top and rising back, painted black and white, great porch piece, request photo. \$35. 716-262-4276.

JEWELRY CHEST ARMOIRE – Jewelry chest armoire, beautiful oak wood, perfect condition, 40"high x 18"wide, several drawers, request photo. \$45. 716-262-4276.

BENCH - Rustic live edge wood slab bench, made from a thick live edge wood slab with natural grain

Island Golden Age Center Lunch Menu

Lunch is served at 12 Noon Monday - Thursday / 11:30am Friday

July 13 - July 17



MONDAY, July 13 - Pulled Pork with Hearty Macaroni & Cheese

TUESDAY, July 14 - *Brunch for Lunch!* Pancakes, Sausage, Yogurt Parfait & Scrambled Eggs

WEDNESDAY, July 15 - Hot Dog w/ Toppings Bar, Macaroni Salad, Baked Beans & Pickle

THURSDAY, July 16 - *Executive Board Meeting \$6* Turkey Dinner w/ Stuffing, Cranberry Sauce & Carrots

FRIDAY, July 17 - Souper Seniors

Lunch includes: An entrée with a meat, starch, vegetable, fruit, dessert & beverage. Birthday Lunch includes: An entrée with a meat, starch, vegetable, fruit, Birthday Cake, ice cream & dessert. Two Soups and a Scoop includes: two soups and a scoop of salad (ex. Chicken Salad), fruit, crackers & dessert.

Lunch is \$4 OR \$5 OR MORE on Special Event Days. Please call 716-773-9682 to reserve your lunch. Please remember to call us and CANCEL your meal if you cannot attend. Thank you!

Crossword

ROM-COMS

ACROSS

1. Anti-seniors sentiment
6. Ingested
9. "Lights out" tune
13. "Sweet" villa (2025)
14. Leo, in Moscow
15. Mood disorder
16. Blooming bulb
17. "It happened on how many nights?" (1934)
18. Follow up on (2 words)
19. "Sleepless where?" (1993)
21. "Certain London Hill (1999)
23. "____ Te Ching"
24. Future J.D.'s hurdle, acr.
25. Chips accompaniment
28. Tibetan monk
30. Celebrity
35. Please do not delay, acr.
37. S.A.T. section
39. Polynesian island country
40. Scarlet O'Hara's home
41. Singing femme fatale
43. Rig or truck
44. Artist's support
46. Italian money, 1861-2002
47. Petri dish gel
48. Like a longer route?
50. ____ Scotia
52. RNs' org.
53. Morally reprehensible
55. Ensign, for short
57. "Not a wedding (1994)
61. "They were reaping benefits (2011)
65. Silly
66. Gone by
68. Generational divide
69. Oodles
70. Each one for himself?
71. Ouzo flavor
72. A whole lot
73. Pertinent
74. Not rights

DOWN

1. Without further ____, pl.
2. Departed
3. Hip bones
4. *Actor Foley of #13 Across
5. Kind of block

CROSSWORD													
1	2	3	4	5	6	7	8	9	10	11	12		
13						14			15				
16						17			18				
19					20		21	22					
23						24							
25	26	27		28		29		30		31	32	33	34
35			36		37		38		39				
40					41			42		43			
44				45		46				47			
48					49		50		51		52		
53					54			55		56			
57	58	59	60					61			62	63	64
65						66	67		68				
69						70			71				
72						73			74				

SWITCH & GET \$25

Off First Month of New Service! USE PROMO CODE: GZ590

Consumer Cellular

6. Healing gel producing plant
7. *How many days to lose a guy? (2003)
8. 0 and 2, e.g.
9. Diplomat's forte
10. ____-perspirant
11. One quark plus one antiquark
12. Spilled the beans
15. Dull surfaces
20. Fertile topsoil, pl.
22. Boat propeller
24. Army bathroom
25. *Fifty of these, to jog her memory (2004)
26. Newton of science
27. Dissect
29. *AOL delivery (1998)
31. Org. with a mission
32. Last letter, to Homer
33. *Pretty one (1990)
34. Nigerian money
36. Part of a hammerhead
38. Villain's rival
42. *When has she been kissed? (1999)
45. Books, in Paris
49. Langley, VA org.
51. Fauna member
54. Peruvian beast of burden
56. Rive Droite and Rive Gauche separator
57. Hand-to-hand combat weapon
58. Unconstitutional and uncommon have it in common
59. Indian flatbread
60. Odds' partners
61. Arial, e.g.
62. Naive, alt. spelling
63. Olden days "do", second person singular
64. Files suit
67. Fall into it

Answers to the Sudoku Challenge and the Crossword Puzzle can be found on the next page.

Sudoku

SUDOKU

Call today and receive a **FREE SHOWER PACKAGE PLUS \$1600 OFF**

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	4		7		2		5	
9	5							4
				5			9	
		4					7	8
5			4		3			9
7	3					1		
	7			1				
3							1	7
	1		9		7		2	

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Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.